

HEALTH CARE

A packet of health forms will be mailed to you separately. Please pay close attention to the detailed instructions for each form. It is **essential** that we have complete and up to date medical, insurance and contact information for all of our campers prior to their arrival. Our medical team must have time to process and review each camper's medical history in order to properly care for every child. Campers with incomplete or missing information will be held back from off campus trips, as our standards require us to have all of this information on file before any child leaves on day or overnight trips. Specific information about the required medical forms and information is set forth below. All camper forms are available online at www.winaukee.com under the "parents" section.

MEDICAL FORMS

Camp Winaukee and the American Camp Association require a completed and signed Medical (Blue Form) and Health History Form (Green Form) from every camper in order to participate in activities. Schedule your son's check up in the spring. It is important that your physician completes the Medical Form, **signs and prints or stamps his address and phone number.**

Parents **must** complete and return the Health History Form no later than **May 15th.** Please be thorough, give names, address and phone numbers of relatives or physicians to call in the event you are away. Complete all sections indicating dates of immunizations, recent illnesses and any allergies to medications, nuts, anything. To ensure that all medication is administered safely, please complete the medication portion. If there are any medical situations affecting your son, you must share them with the camp. **Note that you must sign and date the parental authorization boxes at the bottom of the first page.** Please keep copies of all forms for you and the physician.

MEDICAL TRAVEL CARD

NEW FOR
2008

Winaukee campers have many opportunities to explore the area around camp via the exciting trips we organize for each age group. When campers are traveling, we must have accurate contact and medical information. We require ALL CAMPERS to have completed Medical Information Cards returned to us no later than **May 15th.** Include a current picture of your child (passport pictures preferred). This card must be on file before your son will be allowed of campus, no exceptions.

PRESCRIPTION DRUGS

Our infirmary stocks basic antibiotics and drugs. If a camper requires prescription medications from a pharmacy, the charge will be billed to your medical carrier. If there is a deductible, you will be billed accordingly. If your son has recently been prescribed any new medication, you must call our medical department prior to his arrival at camp and provide all pertinent details.

PLEASE ATTACH A COPY OF THE PRESCRIPTION INSURANCE CARD TO THE MEDICAL FORM.

DENTAL CHECK-UP

It is important that all campers visit their dentist for a complete dental exam before camp. Parents of campers undergoing orthodontic treatment should relay any special instructions to us. The local orthodontist will fix wires and the like but will not do substantial work, except in an extreme emergency.

COMMUNICABLE DISEASES

Please be sure to have your child inspected for head lice two or three weeks prior to departure and immediately before camp begins. **If your child has been exposed to any communicable disease within three weeks of departure day, notify the camp immediately. Children may not attend camp until they have completely recovered.**

MAJOR MEDICAL INSURANCE

Please complete and return the Insurance Information Form attached to the Medical Form and **include a copy of your insurance card**. All medical attention in our camp infirmary is covered by your tuition. All additional costs incurred off campus are the responsibility of the camper's parents. These include: refilling previously prescribed medication, emergency room visits, local physician's visits, and/or outside providers of medical attention. All of the above will be billed to your medical insurance carrier. Visits to dentists and orthodontists are billed directly to parents.

MEDICATION

In a continued effort to provide your child with the very best health care this summer, you are **required to have all of your child's medication in pill form dispensed, pre-packaged and sent to camp prior to their arrival**. The company providing this service, **KidsMedPacks**, will dispense, package and ship your child's medication directly to camp.

Medications that are in **daily pill form** will be individually packaged and sealed according to date and time of administration. Each individual packet may contain one or more pills prescribed to be given at the same time. This method of dispensing medication during summer camp will minimize potential medication errors, so that every camper gets the correct medication and dosage, at the right time and on the right day. It will also allow your child to return to his camp activities sooner, because pre-packaged and organized medicines can be dispensed more quickly. We are confident that this program will help to enhance *the health, well-being and safety of your child*.

If your child will be taking daily medication in pill form at camp this summer, please read the letter and brochure that we will be forwarding to you in the medical packet. **YOU CAN ALSO VISIT WWW.KIDSMEDPACKS.COM TO REGISTER YOUR CHILD.**

Please feel free to call KidsMedPacks at any time at 866-585-8746 should you have any questions or concerns.

PEANUT ALLERGIES

WE ARE A NUT AWARE CAMP! Camp Winaukee has campers attending that are severely allergic to nuts and peanut products. We have taken measures to help ensure their safety at camp while having minimal effect on all other campers. Since peanut extract can appear in some of the most unlikely products, we ask that you **DO NOT SEND ANY FOOD TO CAMP**. We ask for your cooperation in helping to keep these campers safe so they too can enjoy the wonders of Camp Winaukee.

EMERGENCY CONTACT INFORMATION /SUMMER TRAVEL INFORMATION

You must fully complete **ALL** sections of the Emergency Contact Form. Be sure to include two emergency contacts. The form includes a section to complete if you are going to be away from home at any point during the summer. Please send us all travel itineraries.

NOTIFICATION PROCEDURES: Our medical staff follows the following procedures:

1. We will generally not contact you if your child is seen by a nurse for routine problems, such as minor skin abrasions, headache and colds.
2. If a child is placed on antibiotics or kept in the Health Center over night, a member of the medical team will contact you that day or evening.
3. In case of emergency, we will contact you by phone as soon as possible.

Except in an emergency, the medical staff **will not** leave you a message on your answering machine. Despite their best efforts at communication, this type of message can be misinterpreted and cause alarm.